

Mass Times and Intentions for the Week-**Mon. Feb 15:** 7:30- Edna O'Connor**Tues. Feb 16:** 1:30- Lakeside- Joyce Brown**Wed. Feb 17:** Ash Wednesday

Mass: 10:45 AM - Hannah Leonard

6:40 PM – Shirley Mulroney

Thurs. Feb 18: 7:30 - Peter and Kenneth

O'Leary

Fri. Feb. 19: Noon - John Dahm**Feb 21: Dt 26:4-10/Rom 10:8-13; Lk 4:1-13****Sat. Feb 20:** 5 pm – Zane Firkin**Sun. Feb 21:** 8 am – Parish Family

10:00 am – Virgil Buntrock

Servers for Feb 20 & 21**5:00 pm:** Emma Anderson, Zach Anderson,
Aaron Bird**8:00 am:** Michael Clasing, Justin Kibbie
Gillian Nolan**10:00 am:** Robert Nelson, Mary Nelson, Erin Reedy**Daily – Feb 15-19:** Cassidy Clark, Christian Matthews***Daily – Feb 22-26:** Mason Lee, Michael Clasing***E.M.E. February 20 and 21**

5:00 pm – Lou Ann Huberty, Edna Nelson, Ed Munn*

8:00 am:- Jan Stillman, Jim Stillman, Margaret Montag*

10:00 am – John O'Leary, Tom Lee, Cindi Lee*

KEMB 94.1 FM Radio Sponsor, Feb 14, anonymous**Financial Contributions for the Week:**

Adults: \$ 6,161.00 (129 of 410 envelopes)

Children's, \$7.34, Loose, \$164.31

Needed to meet monthly budget: \$6,700.00

Renovation of church needed \$175,000

Renovation cash on hand \$133,249.27

Faith Sharing: *Saint Luke tells us today where true blessing lies – and where the fleeting rewards of the world. Blessed are we who respond to God's call; happy shall we be.***Parish Happenings****Special Collection Ash Wednesday:** Aid to World-wide Churches (Latin America, Africa and Central and Eastern Europe.**Coffee and Rolls** will be Feb. 14, after the 8:00 mass. Everyone is welcome.**Server Training** will be Feb. 14 after the 10:00 mass. Any questions, contact Molly Veldboom at 852-9231. This training is for refresher training and new servers.**School Board Meeting:** Feb 16. At 7 PM**Ash Wednesday** is Wed. Feb 17. Mass will be at 10:45am and 6:40 pm.**Attention All Cantors and Choir:** So everyone can learn the Lenten responses etc, we will hold practice on Feb.18 at 7 pm with choir. Please try to attend.**RCIA Meeting:** Feb. 18 at 7 PM**Bible Study for Lent:** The 8 week class. "A quick Journey through the Bible" will be offered twice during Lent:

Sunday Eve: 6 PM Starting Feb. 14

Thursday: 8:30 am starting Feb. 18

Both at Parish Center

The 24 session, "The Bible Timeline, the Story of Salvation" will be offered on Wed. Eve. Feb. 17, it will start after Ash Wed. 7:30 pm mass. Several people have taken these and found them very beneficial. See Ken Lang, Teresa Peters, Linda Rouse, Mary Ellen Leners, or Margaret Montag for more information.**Holy Family Breakfast****Feb 21st 8:30am – 11:30 am**

Knights of Columbus will pay for the food and host this breakfast, giving the proceeds to the parish heating bills. A free will offering will be taken for the Egg Bake and Rolls Breakfast.

Lenten Retreat for Area Parishes:

St. Cecelia Church, Algona

Psalms: Prayers for everyday living, presented by Fr. Ed Girres.

Date: Feb. 21, 2010

Time: 1 – 4 pm

4:00 on, Simple Soup Supper

No cost, funded by the KC Screenings, Six weekly Exercise Classes, Health Tips and Healthy Recipes all start Tuesday mornings beginning Feb. 16 at the Smith Wellness Center. There is no cost for the program, but as a bonus you can use the Wellness Center after your class for \$1.00 per day throughout the program. Class Size is limited. Call Community Health Services at 712-852-5419 to register before the Feb 12 deadline.

Free Blood Pressure Clinics:

Ayrshire Dinner Date - Feb 16, 11:00 – 11:30

School News**Our website:** www.emmetsburgcatholic.org**Catholic School Week**

Thank you to everyone who supported the Catholic School Week. We had a great success with all our events, and would like to thank everyone who volunteered to make it possible and a profit of \$387.00

Religious Education: February 17**Jam:** February 17**Community Annual Fish Fry****Lions – Fri. Feb 19, 2010****All-you-can eat 5 to 7 pm****Menu****All – the- fish-you-can-eat****Baked Potato – Vegetable****Dinner Roll and Beverage****Lenten Fasting**

There are three penitential practices that mark the Lenten season. – Prayer, fasting and almsgiving.

Fasting is spiritual health, not dieting or physical health. Fasting from physical food strengthens our spiritual life, our life with God, because body and soul are united. It trains us in submission to God's will and realizes our complete dependence on God. Money saved is giving to the hungry and those without adequate share in necessities of life. Donating to the hungry delivers us from a materialism that bind us to the need of others.

Pope Benedict stated "denying ourselves material food, nourishing our body, nurtures an interior disposition to listen to Christ and be fed by his saving word. Through fasting and praying, we allow him to satisfy the deepest hunger and thirst for God.

"Blessed are those who hunger and thirst for righteousness, for they shall be satisfied" (Mt 5:6), being rightly related to God and others.

When we do penance for our sins, we develop habits of virtue and become strongly connected to God. Lent places us on track, leads us along a way that makes us what God most wants us to be disciples of his divine son.